

# PARENTS SHARING CIRCLE WORKSHOPS

## CONNECTING TO OUR LETTERS AND SOUNDS PROGRAMME AT SENTOSA

- Why is this implemented?
- How is this implemented?
- What can I do at home to nurture literacy and language for my child?

25 Sept 2020

**9.30AM-10.30AM**

Younger Years  
(PN/N1/N2/K1)

**11.00AM-12.00NOON**

Older Years  
( Y1/Y2/Y3/Y4/Y5)

## POSITIVE BEHAVIOUR GUIDANCE & POSITIVE HOME- SCHOOL TALK

- Exploring and understanding behaviour as communication
- Positive guidance and interactions
- Tips and strategies to talk with your child about his/her school day

6 Nov 2020

**9.30AM-10.30AM**

Younger Years  
(PN/N1/N2/K1)

**11.00AM-12.00NOON**

Older Years  
( Y1/Y2/Y3/Y4/Y5)

## THE IMPORTANCE OF THE GREAT OUTDOORS AND NATURE CONNECTIONS FOR CHILDREN

- Advocacy for outdoor experiences
- Importance of nature for children and adults
- Sustainable thinkers

15 Jan 2021

**9.30AM-11.00AM**

## MINDFULNESS AT HOME AND SCHOOL

- Why is Mindfulness important?
- How does it benefit adults and children?
- What does this look like at school and what could it look like at home?
- Introduction to parent platform with materials and tools for your mindful journey

16 April 2021

**9.30AM-11.00AM**