

Monday

Morning Cornflakes with Milk

Afternoon Mantou and Milk

Tuesday

Morning Strawberry Brown Rice Flower Cereal and Milk

Afternoon Edamame Beans and Milk

Wednesday

Morning Fruit Yoghurt and Milk

Afternoon ABC Biscuit and Milk

Thursday

Morning Wholemeal Bread with Cream Cheese and Milk

Afternoon Sweet Potato and Milk

Friday

Morning Cranberry Oats and Milk

Afternoon Wholemeal Bread with Cheese Slice and Milk





Monday

Morning Cornflakes with Milk

Afternoon Pumpkin Mantou and Milk

Tuesday

Morning Brown Rice Flower Cereal and Milk

Afternoon ABC Biscuit and Milk

Wednesday

Morning Hardboiled Egg and Milk

Afternoon Raisin Bread and Milk

Thursday

Morning Wholemeal Bread with Cream Cheese and Milk

Afternoon Oatmeal Cookies and Milk

Friday

Morning Raisin Oats and Milk

Afternoon Banana Bread and Milk





Monday

Morning Cornflakes with Milk

Afternoon Wholegrain Mantou and Milk

Tuesday

Morning Strawberry Brown Rice Flower Cereal and Milk

Afternoon Edamame Beans and Milk

Wednesday

Morning Raisin Bread and Milk

Afternoon ABC Biscuit and Milk

Thursday

Morning Wholemeal Bread with Cream Cheese and Milk

Afternoon Sweet Potato and Milk

Friday

Morning Cranberry Oats and Milk

Afternoon Wholemeal Bread with Cheese Slice and Milk





Monday

Morning Cornflakes with Milk

Afternoon Pumpkin Mantou and Milk

Tuesday

Morning Brown Rice Flower Cereal and Milk

Afternoon ABC Biscuit and Milk

Wednesday

Morning Hardboiled Egg and Milk

Afternoon Pandan Bread and Milk

Thursday

Morning Wholemeal Bread with Cream Cheese and Milk

Afternoon Oatmeal Cookies and Milk

Friday

Morning Raisin Oats and Milk

Afternoon Banana Bread and Milk

